



## Occupational Therapy - By 9 Months

### Typical Development:

- Reaches for toys without falling
- Turns head to look at and follow parent/objects
- Sits independantly
- Can get into sitting position by themselves
- Roll both ways (tummy to back, back to tummy)
- Use both hands without a hand preference
- Stand with support when helped into a standing position
- Move an object from hand to hand
- Use their hands to explore an object
- Look from one object to another
- Reach for a person they know



### When to Call:

- Needs assistance or uses hands when sitting
- Only uses one side of the body when moving
- Falls when reaching for toys

This is a general guide for development. Remember, all children are different and develop skills at different times. It is normal for a child to be behind in some areas and ahead in others.