



Occupational Therapy - By 3 Months

Typical Development:

- Lifts and holds head up when on their stomach
- Opens and shuts their hands
- Bring their hands together
- Brings their hands to their mouths
- Follows moving objects
- Watches faces closely
- Stretch out and kick their legs when lying on their stomach or back



When to Call:

- Not able to follow a moving object with eyes
- Not able to grasp and hold objects
- Seems very stiff or very floppy

This is a general guide for development. Remember, all children are different and develop skills at different times. It is normal for a child to be behind in some areas and ahead in others.