



Occupational Therapy - Preschoolers By 12 Months

Typical Fine Motor and Daily Activity Development

- Able to grasp finger foods with thumb and index
- Points with finger
- Bangs toys together
- Helps with dressing (takes hat off, removes socks, pushes arm into sleeve)
- Bites through a soft cookie
- Holds a cup independently
- Begins to bring filled spoon to mouth



When to Call

- Difficulty picking up and holding onto objects
- Not able to turn head to follow parent/object
- Play is limited to chewing and mouthing
- Frequently chokes when eating or drinking
- Favours one hand/arm
- Does not use thumb when grasping objects
- Hands are fisted most of the time