



Therapeutic Recreation Services Newsletter



 Five Counties
CHILDREN'S CENTRE

SUMMER •CAMP• LISTINGS 2026

FOR OUR
THERAPEUTIC REC KIDS/CLIENTS

WWW.FIVECOUNTIES.ON.CA/THERAPEUTIC-RECREATION/

Therapeutic Recreation at Five Counties Children's Centre

has compiled its annual **Summer Camp Guide for 2026**. Both day and overnight camping opportunities are listed (a mix of specialized and general camp options). Pls scan the listings and events to see what's best suited for your child's needs & interests.



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Summer Day Camps and Family Events for Kids

- **City of Kawartha Lakes:**

- Offers annual, seasonal day camp programs for children aged 5 to 12
- Proud to offer an Inclusion Support program, intended to foster accessible and inclusive opportunities for participants of all abilities
- **Visit:** www.kawarthalakes.ca/explore-play/day-camps/



- **City of Peterborough:**

- Holiday Camps
- Summer Day Camps
- Day Camp Guide
- **Visit:** www.peterborough.ca/recreation-culture-social-services/recreation-and-parks-services/recreation-programs/day-camps/

- **YMCA of Central East Ontario (Peterborough, Lakefield, Buckhorn, Belleville, Quinte West, Tweed, and Haliburton):**

- Camps include:
 - Overnight camps
 - Camp Wanakita located in Haliburton County:
 - Visit: www.ymcahbb.ca/camps/ymca-wanakita
 - Seasonal Day Camps
 - PA Day Camps
 - Holiday Camps
- **Visit:** <https://ymcaofceo.ca/camp/>

- **STEM (Science, Technology, Engineering and Mathematics) Camp:**

- STEM Camp is a not-for-profit organization founded in 2013 that offers fun and educational summer camp experiences for kids ages 5-13 across Ontario, including Peterborough.
- Location: The Mount Community Centre (1545, Monaghan Rd.) in Peterborough
- **Visit:** <https://stemcamp.ca/ontario-camp-locations/summer-camp-peterborough/>

- **Trent University:**

- The Athletics Centre at Trent offers a wide variety of recreation and camp programming for kids and youth of all ages. Trent is committed to providing an inclusive, safe space for youth of all backgrounds to enjoy recreation, try new activities, and make new friends.
- Kids and Youth Programs, as well as Camp Programs
- **Visit:** www.trentu.ca/athletics/trent-excalibur-camp/camp-programs
- Access the **Share the Camp Subsidy Program** at: www.trentu.ca/athletics/youth/trent-excalibur-camp/camp-pricing-2025/share-camp-subsidy-program



Summer Day Camps and Family Events for Kids (continued)

- **YMCA of Northumberland (Cobourg, Campbellford):**
 - Learn about upcoming summer camps, events and other opportunities.
 - **Visit:** <https://ymcanrt.org/camp/>
- **Cobourg Tae Kwon Do:**
 - Discover the ultimate martial arts summer camp programs in the region for kids ages 3-14 years
 - **Visit:** <https://cobourgtaeqwondo.ca/description-martial-arts-summer-camp/>
- **Epic Gymnastics Centre in Port Hope:**
 - Find a range of weekly fun-filled summer camps running in July and August available for kids ages 4 to 12+
 - Each week, there is a new theme, including Dinosaur Discovery, Hidden Ninja Camp, Epic Sports Extravaganza and more.
 - **Visit:** <https://epicgym.ca/camp/>
- **Hastings Field House:**
 - See what's happening this summer at the Hastings Field House, a multi-functional facility featuring a 200-metre walking track, soccer field, golf driving range, and sports courts for basketball, ball hockey, tennis, pickleball, and other racquet sports.
 - **Visit:** www.trenthills.ca/parks-recreation-community/hastings-field-house/
- **Humane Society of Peterborough – PAWsome Kids Camps**
 - Camp programming offers participants a chance to learn about Humane Education in a fun and interactive way. Each day, participants spend time getting to know the animals in our care, creating crafts and participating in animal-themed activities.
 - This week-long programming is for children 7-10 years old, who have a passion for animals.
 - **Visit:** <https://peterboroughhumanesociety.ca/programs/programs-available/>
- **Riverview Park and Zoo in Peterborough – Education Programs:**
 - Discover the many educational programs and zoo camps offered throughout the summer.
 - **Visit:** www.riverviewparkandzoo.ca/education/
- **Peterborough Museum & Archives:**
 - Discovery Day Camps
 - **Visit:** www.peterborough.ca/recreation-culture-social-services/arts-and-culture/museum-and-archives/programs-and-tours/discovery-day-camps/
- **Art School of Peterborough – Summer Kids Camps:**
 - Discover a full slate of summer art camp opportunities being offered in July and August.
 - **Visit:** <https://artschoolptbo.org/summer-camp/>

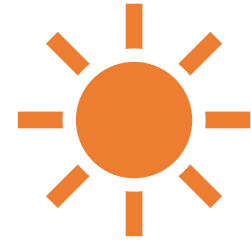




Summer Day Camps and Family Events for Kids (continued)

- **BCG Kawarthas**

- A registered non-profit organization devoted to serving and strengthening children, youth and families throughout the City of Kawartha Lakes, Peterborough and Norwood
- Programs include: Summer Camps, Before & After School, P.A Days, Sports and Licensed Childcare
- **Visit:** www.bgckawarthas.com/programs/



- **Kawartha Gymnastics**

- P.A Day camps for ages 4-12
- Summer (Gymnastics and Cheerleading) Camp for ages 4-12
- Full single day or full week options are available
- Camps are centered around themes where campers enjoy gymnastics, games, crafts, as well as other activities
- **Visit:** www.kawarthagymnastics.ca/camps

- **World Championship Martial Arts:**

- Summer Camps
- Before and After Care
- **Visit:** <https://worldchampionship.ca/program/summer-camp/>

- **Camp Kawartha:**

- Open year-round with two facility locations, Camp Kawartha offers a variety of programs for children, youth and adults.
- Summer Camp Programs:
 - Day Camps for ages 4-11
 - Overnight Camps for ages 8-15
 - Canoeing & Adventure Camps for ages 10-16
 - Leadership programs for ages 15-17
- **Visit:** <https://campkawartha.ca/summer-camp/>

- **Windreach Farm – Whitby:**

- WindReach Farm is thrilled to offer an inclusive, summer day camp for children ages 6 to 13.
- All children are welcome, and depending on needs, we will ask that some children be accompanied by a support person or caregiver provided and paid for by the family or outside organization.
- **Visit:** www.windreachfarm.org/acresoffun

- **Abilities Centre Sports Camp – All Abilities Sports Camp in Whitby**

- Abilities Centre summer camp is open to children ages 5-12 of all abilities.
- **Visit:** <https://abilitiescentre.org/programs/sport-rec/camps>

Summer Overnight Camps for Kids with Exceptionalities

- **Easter Seals Ontario: Summer Camp:**

- Camp Merrywood: Located in Perth, Ontario
- Camp Wooden: Located in London, Ontario
 - Individual Overnight Camp (ages 6-26)
 - Leaders in Training (ages 17-26)
 - Voyager (ages 19-42)
 - Family Camp
- **Visit:**
www.eastersealscamps.org/programs/summer-camp-information/



- **Camp Kirk:**

- Supports children and youth with ADHD, autism, and learning disabilities.
- Overnight Summer Camp
- Leaders in Training
- Virtual Clubs
- **Visit:** <https://campkirk.com/programs/summer-camp/> for Summer Camp info or <https://campkirk.com/programs/> to learn about available Programs

- **Camp Kennebec:**

- A warm welcome for campers with special needs including Autism, ADHD, OCD, Down Syndrome, social and anxiety issues, aged 6 and up.
- **Visit:** <https://campkennebec.com/>



Summer Overnight Camps for Kids with Exceptionalities (continued)

- **Kinark Outdoor Centre:**

- The Kinark Outdoor Centre (KOC) provides a variety of programs for children and youth on the autism spectrum and their families. These programs cater to varying levels of support, family goals and individual needs.

- Kinark Outdoor Centre Autism Programs:

- **Funded Autism Family Social** – A funded 3-day family respite program. In 2026, there are spring program offerings.
- **Autism Summer Family Camp** – We are offering 3 recreational fee-for-service family camps this summer. This is a 4-day program.
- **OAP Family Seasonal Socials** – These programs are fun camp environment programs with an intentional focus on social skill development. KOC provides clinical oversight related to specific learning domains and expenses for the program are recoverable for eligible families through the Ontario Autism Program. There are two 4-day offerings in the summer and six 3-day offerings in the fall.

- **Visit:** <https://kinarkoutdoorcentre.ca/koc-autism-programs/>

- **Kinark Children & Youth:**

- We offer Summer Camps that help children grow socially and emotionally while providing families with meaningful support during school breaks.

- **Visit:** <https://kinarkautismservices.ca/programs-and-services/summer-camps/>

- **Camp Quality:**

- Free, inclusive year-round programs for children with cancer and blood disorders that support the whole family through fun camp adventures.

- **Visit:** www.campquality.org

- **Camp Towhee:**

- Towhee is an innovative, therapeutic overnight summer program for children and youth with learning disabilities and mental health issues (LDMH).

- **Visit:** <https://childdevelop.ca/towhee/>





Summer Overnight Camps for Kids with Exceptionalities (continued)

- **Camp Maple Leaf:**

- Located on: Jacobs Island (Summer), 378 Fothergill Road, in Ennismore
- Each session at Camp Maple Leaf is designed as a unique program dedicated to children or families who share a specific life challenge:
 - Military Children
 - Kids of Heroes
 - Caregiver with Cancer
 - Dwarfism
 - Limb Difference
 - Facial Difference
 - Skin Condition
 - Tourette Syndrome
 - Camp Fun-4-All
 - Bereavement
 - Camp Ol-Can (Osteogenesis Imperfecta)
 - Family Camp (supports families on a cancer journey)
 - Leadership Programs
- **Visit:** www.campmapleleaf.ca



- **Ontario Camp Association (OCA) – Resource/Camp Directory:**

- Find camps for children, teens and adults with special needs. The OCA supports campers and their families with tools and resources as they take advantage of the camp and outdoor education experiences OCA accredited camps and outdoor education centres provide!
- **Visit:** <https://ontariocampsassociation.ca/resources/campers/campers-with-disabilities/>
- **View Inclusive & Accessible Camp Chart:** <https://ontariocampsassociation.ca/wp-content/uploads/2025-Inclusive-and-Accessible-Camps-Chart.pdf>

Contact our Recreation Therapy Team (Colleen or Caitlin) for more information:

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