

Bob's Story

Volunteering is in the smiles and the thank yous. You get just as much back as you give. I think we all need to look out for each other and help out in any way we can.



Bob's life has been dedicated to children and his love of physical activity. He worked as a Phys Ed teacher, Phys Ed resource teacher in a consulting capacity, a vice principal and principal. He is proud of his family: wife, daughter and her husband and two grandchildren. Once retired, it only made sense to continue to actively support children in his community.

In retirement, Bob volunteered with various sports as well as a hockey team for children with disabilities. Bob learned about Five Counties through professional contacts as well as through neighborhood children who used the services. Bob loved seeing these children succeed and decided to start volunteering at the Centre. "Volunteering is rewarding. I know a lot of people who volunteer, and they get as much fun out of it as they give. Seeing smiling faces when you volunteer makes you feel good to know that you're helping."

Bob began volunteering at Five Counties five years ago. He was a greeter at the door, babysat siblings at the Centre during their brother or sister's appointment, and took them to the gym or played a game to keep them occupied while they waited. He also volunteered over March break at a camp for children with physical needs. "As a volunteer I could see that Five Counties helps kids socially, it helps them fit in and gives every child a chance at physical activity and playing games. I grew up playing and loved it, so it's important to see that children with disabilities are not excluded and that activities can be adapted for them."

Now, Bob helps the Centre by volunteering at fundraising events throughout the year and by running the Golf Fore All Fundraiser. "I know it's not a lot, but every little bit helps."

Bob, all of us at the Centre think what you do is a big deal and helps many children and their families, thank you!

Interested in learning about how you can start volunteering?
development@fivecounties.on.ca

