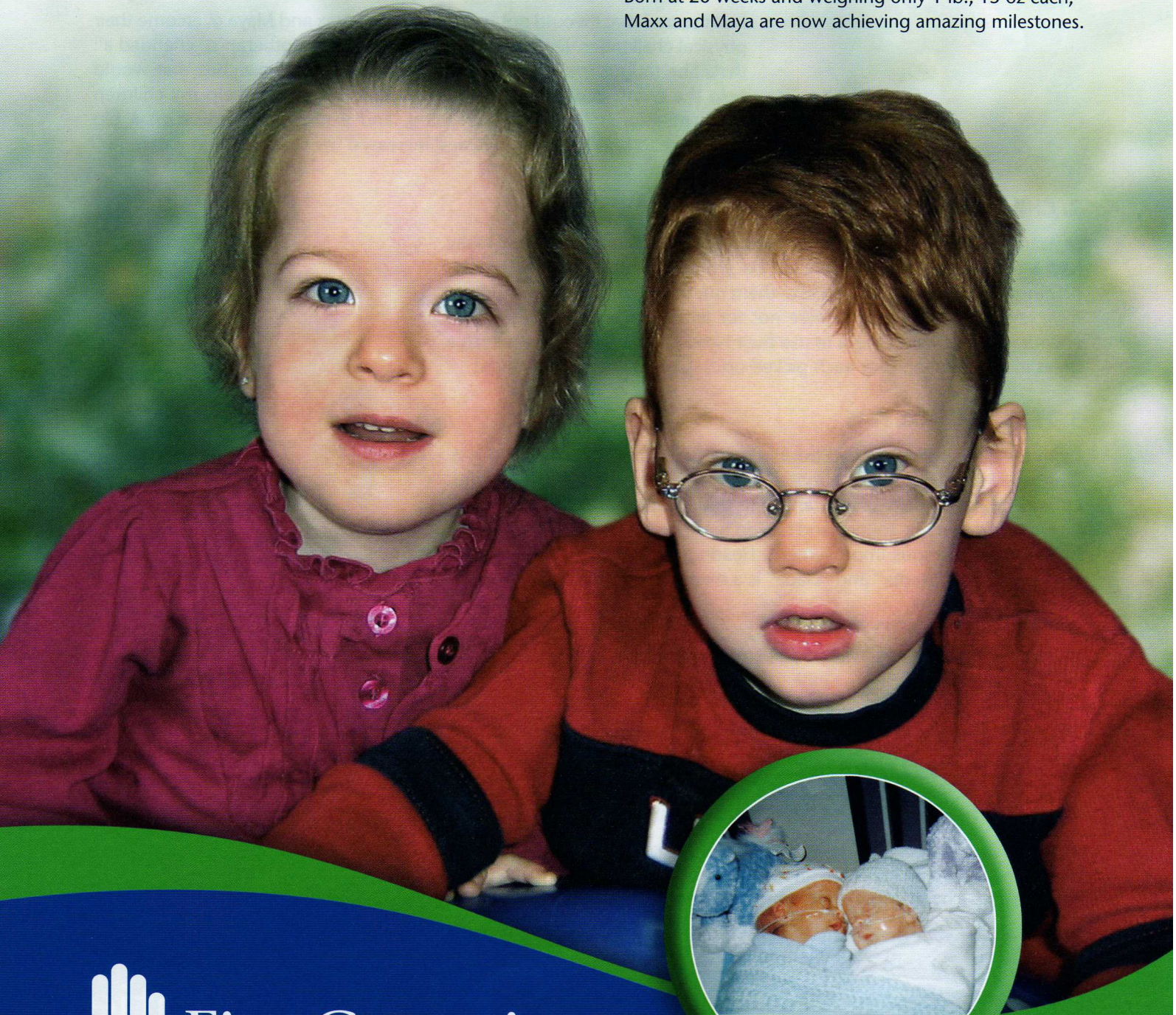


One Birthday. Two Unique Children.

Meet Maxx and Maya.

Born at 26 weeks and weighing only 1 lb., 15 oz each, Maxx and Maya are now achieving amazing milestones.



Five Counties
CHILDREN'S CENTRE

Help Us Do More.



Three Amazing Moments.

You expect to have these perfect little babies and, when it doesn't happen, it's frightening. Maxx and Maya were so tiny and fragile. I felt so helpless and afraid. When I brought them home, I was even more overwhelmed. That's where Five Counties came in. They helped me understand the individual needs of my children and showed me how to meet them.

1. STANDING STRONG

I was scared that I would not be able to help Maxx and Maya overcome their physical challenges. Jennifer, our Five Counties physiotherapist, changed all that. She taught me techniques to use at home and exercises that would help the twins. It was an amazing feeling to be able to help my children reach milestones like sitting, crawling, and walking. It made such a big difference to their quality of life and increased my confidence as a parent.

2. CHILD'S PLAY

Learning how to teach the twins using play-time was huge. Maxx really had a hard time using his hands. We would sit and play with blocks, helping him pick them up and take them out of the container. I would not have known to do this if it were not for Jennifer. Through daily play, I encouraged Maxx and Maya to use their hands productively. It was such a great moment when they each picked up a spoon to feed themselves!

3. TELLING IT LIKE IT IS

From the start, the twins had trouble communicating and I was at a loss. Our speech therapist, Kate, taught us ways to communicate with the twins. Using sign language, we are starting to understand our children. Maxx is just learning to make sounds and having him watch our lips and copy us is making an enormous improvement. Hearing each of the twins say their own version of "Mama" and "Dada" is a memory we will cherish always.

Five Counties is always there for us, giving the twins the individual therapy they need.

Your help is needed to make even more of these amazing moments happen.

Give to Five Counties Children's Centre.

Please fill out the donor card provided. Your donation will directly help children like Maxx and Maya continue to develop and achieve critical milestones as they grow.

Thank you for your generosity.



Five Counties
CHILDREN'S CENTRE

Proudly serving the counties of:
Peterborough, City of Kawartha Lakes,
Haliburton, Northumberland

www.fivecounties.on.ca

Head Office
872 Dutton Road
Peterborough, ON K9H 7G1
705-748-2337, Ext. 400
1-888-779-9916

Dave Adams,
Foundation Executive Director
705-748-2337, Ext. 380
1-888-779-9916
dadams@fivecounties.on.ca