

### TYPICAL PENCIL GRASP DEVELOPMENT



Palmar



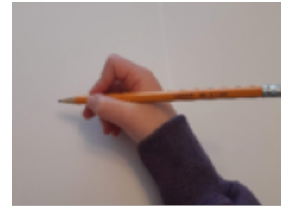
Pronated



Digital



4 Finger Radial



3 Finger Radial



Foam Grip



Claw Grip



Grotto Grip



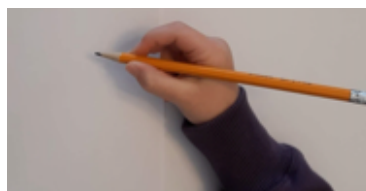
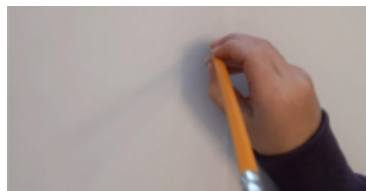
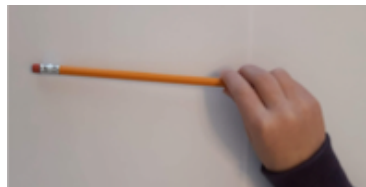
Pinch Grip

### HELPFUL TIPS:

- Keep your **hand resting** on the table.
- Keep your **fingertips** on the pencil.
- Keep the **pencil resting** back toward your hand, between the thumb and finger.
- Use **finger movement** to control the pencil, not wrist or arm movement.

### Try the *PINCH* and *FLIP*:

P  
I  
N  
C  
H  
  
A  
N  
D  
  
F  
L  
I  
P



P  
I  
N  
C  
H  
  
A  
N  
D  
  
F  
L  
I  
P



Crossover Grip



Sakolla Grip



Start Right Grip



The Pencil Grip

Using a pencil grip may help!