Five Counties helped Mirra walk, talk and so much more

When she was 11 days old, Mirra wore casts to treat her baby feet. Within months, she started seeing therapists at Five Counties Children's Centre to treat her hands, feet and legs.

Mirra, now six, has worked hard with Five Counties' staff to get moving ahead with life.

"Mirra was born with a connective tissue syndrome," her mother Amanda says. "She was placed in casts and a harness for clubfeet and hip dysplasia."

"When she started, we still didn't have answers on what to expect," Amanda recalls. "Mirra had little to no movement in her index finger.

With help from occupational therapy, she started to gain in her fine motor skills and to develop movement." Little wins quickly became big ones. Physiotherapist Barb helped her walk for the first time.

After Mirra had corrective surgery on her right hip in April 2018, her family struggled to find a wheelchair that fit her properly. Five Counties' staff worked after hours to track down the right chair.

They also gave her family games, activities and additional resources to continue her therapy at home.

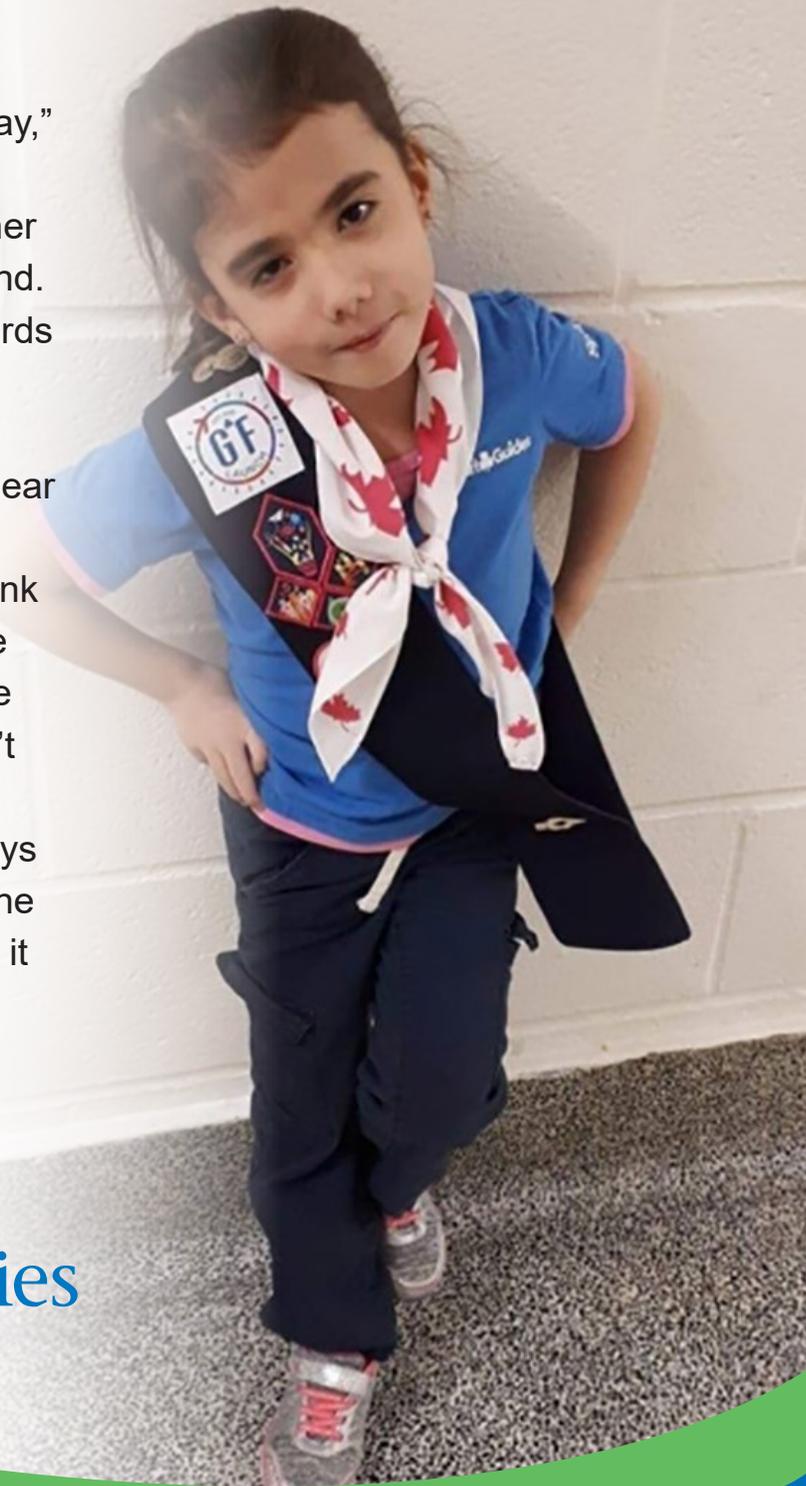"We were supported in the worst time for us by people who made Mirra feel special and loved and confident that things would be okay," her grateful mother says.

Mirra also needed help to make her speech clear enough to understand. At first, her family used picture cards and an iPad just to comprehend what she was saying.

"Now she speaks on the phone clear as day," Amanda says.

"Without Five Counties, I don't think Mirra would be where she is," she adds. "And I don't think I would be as strong as I am now. They didn't just work with Mirra; they worked with me and my family. Staff always made sure we were understood the treatment and knew how to make it part of our daily life."

"I always speak highly about Five Counties," Amanda says. "If I had to tell another parent about them, I would say 'Trust them. Each time we are there, we feel like family.'"

Five Counties
CHILDREN'S CENTRE

Building Abilities for Life