



Studio
505

Home of the Arts

Adapted Dance Classes

Spring 2019 offering two different age groups of Adaptive Dance classes

Creative Movement ages 4 -7 years

Saturdays 9:30am -10:00am

Cost: \$80.00

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Dance Steps 2 ages 8-12

Saturdays 10:45am-11:30am

Cost: \$120.00

March 23, 2019- May 11, 2019

8 weeks

Location: Studio 505 Home of the Arts, 505 Sherbrooke St.

Participant Requirements:

- * Interested and motivated to learn a range of dance styles
- * Able to follow 1 & 2 step directions and simple rules and participate on own in group setting
- * Independently mobile with or without aids
- *Parent/caregiver must stay in waiting area during program & be available to assist teacher/volunteers if needed
- *Ballet shoes are required in the studio dance space

**For more information or to register for this program
Please contact Tanya Keast
Recreation Therapist at Five Counties Children's Centre
748-2337 ext. 251
tkeast@fivecounties.on.ca**