



## *Little Guppies Parent & Child Swim Time*

**This program provides an opportunity for caregivers and children to enjoy dedicated play time together and build comfort in the water!**

**In this open swim time families can explore the world of water together, using songs and toys to have fun and meet other families from Five Counties Children's Centre.**

**A Recreation Therapist will be in attendance to facilitate the program.**

**Participant Requirements: For clients of Five Counties Children's Centre.  
Children not yet toilet trained must wear pool pants, as  
regular diapers not permitted in the pool.**

**Cost: There is no fee; but families must pre-register for the program by contacting Colleen and completing registration package.**

### Peterborough County

**Tuesdays 12:30-1:30 pm (in therapy pool, alongside Public Swim)**

**Peterborough Sport & Wellness Centre, Brealey Rd.**

**Winter Session ~ February 12<sup>th</sup> to April 9<sup>th</sup>**

**Spring Session ~ April 23 to June 11<sup>th</sup>**

**Colleen Ristok, Recreation Therapist Coordinator  
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