



Little Guppies Parent & Child Swim Time

This program provides an opportunity for caregivers and children to enjoy dedicated play time together and build comfort in the water!

In this open swim time families can explore the world of water together, using songs and toys to have fun and meet other families from Five Counties Children's Centre.

A Recreation Therapist will be in attendance to facilitate the program.

**Participant Requirements: For clients of Five Counties Children's Centre.
Children not yet toilet trained must wear pool pants, as
regular diapers not permitted in the pool.**

Cost: There is no fee; but families must pre-register for the program by contacting Colleen and completing registration package.

Peterborough County

Tuesdays 12:30-1:30 pm (in therapy pool, alongside Public Swim)

Peterborough Sport & Wellness Centre, Brealey Rd.

Fall Session ~ September 18th to December 4th, 2018

**Colleen Ristok, Recreation Therapist Coordinator
cristok@fivecounties.on.ca
1-888-779-9916 Ext. 250**

