

Short Bios for CEO and Board Members



Diane Pick

CEO Five Counties Children's Centre

Diane has been privileged to work within the system of Children's Treatment Centres for twenty four years. Throughout her career she has had the honour of working with talented professionals who help children triumph over challenges they face in their development.

She was appointed the CEO of Five Counties Children's Centre in 2006. Prior to joining Five Counties Children's Centre, Ms. Pick worked at the Lansdowne Children's Centre in Brantford for sixteen years; eight years as the Executive Director and eight years as a Service Director.

She is actively involved with the Ontario Association for Children's Rehabilitation Services (OACRS). She works collaboratively with community partners to foster an integrated system of services for children and youth in the counties of Peterborough, Northumberland, Haliburton and the City of Kawartha Lakes.

She holds the Certified Healthcare Executive certification through the Canadian College of Health Leaders and is in the process of completing the Public Sector Leadership Certificate program at the Rotman School of Business, University of Toronto.

Diane has volunteered in various capacities in the community and has been a member of a Rotary Club in Brantford and in Peterborough since 1999.

Adam White

Adam is a Grade 4/5 French immersion teacher at St. Catherine Catholic Elementary School. He has the privilege of spending each day helping children to learn and discover the world around them. Adam spends some of his free time coaching the Kawartha Blazers intermediate sledge hockey team, a Five Counties-run recreation program until 1998. He is proud to be a part of the sledge hockey tradition that carries on to this day!

Adam's connection to Five Counties started in December 1978 when, at the age of 9 months, he was diagnosed with cerebral palsy. Adam benefitted from many of the Centre's services including physiotherapy, occupational therapy and recreation programs. Since his days as a client, he has continued his relationship with Five Counties as a volunteer and a committee member. Adam joined the FCCC Board in 2013 and is honoured to currently serve as Chair of the Board of Directors.

Kent Stringham

Kent joined the FCCC Board in 2010, and as past-Chair, is now Chair of the Finance & Personnel Committee. Kent is also a member of the Ontario Association of Rehabilitation Services (OACRS) Board of Directors.

He has lived in the Peterborough area for over 25 years and been a member of multiple not-for profit Boards during that time. Having been employed in multiple sectors of the economy, he is currently Associate Vice-President, Facilities Management at Trent University. Kent is a CPA-CMA and holds a Degree in Economics from York University, in Toronto, Ontario.

Linda Goldie B.A., M.S.W.

Following a thirty-seven year career in the field of child welfare, Linda retired in 2008 as the Director of Services at the Children's Aid Society of Northumberland. Since retirement, she has managed a consulting practice, primarily in the child welfare field.

Linda's past professional commitments include serving as Chair of the Kawartha Branch of the Ontario Association of Social Workers and two terms as Chair of the Complaints Committee of the Ontario College of Certified Social Workers.

Past community involvement includes serving on the Board of Directors for Northumberland Big Sisters, Children's Case Co-ordination of Northumberland County and the Hastings, Prince Edward and Northumberland Branch of the Victorian Order of Nurses as well as numerous advisory committees in the field of social services.

Linda is an active Rotarian and past-President of the Rotary Club of Northumberland Sunrise. She is an active member of Port Hope United Church and past Chair of the Church Board. She is past chair of Cornerstone Family Violence Prevention Centre and also serves on the Board of Adopt a Village in Laos. On a personal level, Linda enjoys her grandchildren, travel and her garden.

Cyndi Gilmer RN DHlthSc

Assistant Professor, Compressed Program Coordinator, Trent Fleming School of Nursing

Cyndi has been a nurse for over 30 years, working in various clinical settings, primarily with a focus on women and children's health. Her background also includes 15 years in hospital administration in a series of leadership and senior administration roles.

Currently she is a member of the Faculty at the Trent/Fleming School of Nursing, teaching a number of academic courses throughout the curriculum that are focused on leadership, advocacy and professionalism in nursing, family nursing and social justice.

Cyndi is an active community-based researcher with interests in social justice, homelessness, and harm reduction. She is currently a member of the Board Executive Committee and Chairs the Program and Services Advisory Committee,

Dale Godin

Dale holds a Bachelor of Arts degree, Bachelor of Education, Ontario Teacher's Certificate, Master of Education and completed the Principal's Qualification. He continued his education at the Rotman School of Business and numerous other training conferences during this career in education as a teacher, principal, and supervisory officer at the PVNC Catholic District School Board and Ontario Ministry of Education.

After his retirement, Dale joined the Board at Five Counties Children's Centre in 2015 as a member of the Program and Services Advisory Committee and currently is also a member of the Board Executive Committee.

Ron Fotheringham

Ron's introduction to Five Counties was in 1992 when asked by (a young) Dave Adams and Gary Lounsbury (a former CEO) to help out as a "pro bono" consultant in developing strategies and plans for

the Centre and Foundation. He has been honoured to be asked to continue to help out in various ways since that time.

Ron served on the Board from 1997-2007, and then was "recycled/re-used" in 2008 for a second term. In his association with Five Counties, particular "highs" come from listening to therapist presentations and learning about the work they do, from relationships with his associates on the Board, and from making a contribution in addressing problems and opportunities the Centre has experienced over the years.

Since retirement in 2001 from a career as a Management Consultant, Ron continues to "keep his hand in" by strategic planning consulting work with a number of "old" friends/clients and not-for-profit organizations, and by serving on a number of business and public service Boards.

Ron and his wife, Anne, have two children and five grandchildren, and live on Stoney Lake.

Karen Caddigan

Karen's association with Five Counties began 23 years ago in August 1991. Karen's preemie daughter was transferred from her birth hospital, Women's College Hospital, to Peterborough Regional Health Centre. Her first physiotherapy assessment took place at Five Counties.

A few months later it was decided to make some videos to help parents with preemie infants and Karen was asked to sit on a committee to try and combine all the different services for special needs kids. That led to Karen's involvement on the Program and Services Advisory Committee, to becoming chair of Program and Services Advisory Committee, to the Board, chair of the Board and now her second term on the Board at Five Counties.

Karen's association with Five Counties has always been one of the most rewarding and fulfilling endeavours she has undertaken. She is proud of the person her daughter has become and Five Counties staff has certainly had a hand in the success she has achieved.

Rhonda Smith

Rhonda has a Bachelor of Commerce (Hons) and Bachelor of Laws, both from Queen's University, as well as a Master of Laws from Osgood Hall Law School. Since being called to the Bar in 1993, she has practiced criminal law as both a Crown and Defence Counsel, as well as labour, employment and family law, and has worked in both the private and public sectors in various roles throughout her career. More recently she focused on mediation and teaching. She is currently a professor of Law in the Forensic Science Program at Trent University and her research interests include the effective use of science in the courtroom, the role of alternate dispute resolution and managing professional ethical dilemmas.

Rhonda is a member of the Law Society of Upper Canada, the ADR Institutes of Ontario and Canada, the Academy of Criminal Justice Sciences, and is a former member of the Board of Directors for the Canadian Mental Health Association - Peterborough Chapter, and the Board of Governors for Trent University.

Sitting as a Board Member at Five Counties is not Rhonda's first exposure to the Centre. A member of her family received treatment at the Centre and Rhonda recalls as a child accompanying her on those visits. Rhonda was very pleased to join the FCCC Board in 2012 and currently sits on the Finance and Personnel Committee.

Jaime Barber

Jaime joined the Board of Five Counties as a member of the Finance and Personnel Committee in 2014. She is a chartered accountant with her own practice and also is the part-time Financial Manager at Point in Time.

Rosemary Petryshyn

Rose has been a Board Member since 2014 and serves on the Program and Services Advisory Committee. She also volunteers extensively at church and has been a board member of the church as well.

When not giving time to the community, Rose is a dedicated wife and mother of three.

Dr. Paul Wilson

Dr. Paul Wilson is a forensic scientist who has studied and worked at McMaster University and Trent University. He is currently the Canada Research Chair, DNA Profiling, Forensics and Functional Genomics, Forensic Science/Biology Department at Trent University.

Dr. Wilson has served on the Board of Directors in several roles including Chair.

And last but certainly not least, Paul is the proud father of four awesome children.

Julie Davis

Julie Davis joined the Five Counties Children's Centre Board in 2016 and sits on the Programs & Services Committee.

Julie's thirty year career has spanned the for-profit, public and charitable sectors. Currently, as Vice President External Relations and Advancement at Trent University she is responsible for philanthropy, advancement services, community relations and alumni affairs. In her first few years in the role she led the institution through a brand repositioning and development of new advertising, then an award winning 50th anniversary year-long celebration. She is now focused on completing Trent's largest ever fundraising campaign, working with the City to develop a recreational complex and research park, and reaching out to alumni across the globe. Prior to Trent she was President and CEO of the Peterborough Regional Health Centre Foundation for nine years where she led two capital campaigns. Her work in the charitable sector was preceded by a fifteen year career in marketing and senior leadership in the packaged goods sector at Quaker Oats and Unilever Canada.

Kristy Hook B.A. Hons, BHSc

Kristy's association with Five Counties Children's Centre began in 2005 when her eldest daughter was born with a cleft palate. FCCC provided assistance in the early days with infant feeding and later with extensive speech therapy.

The early part of Kristy's career was as a financial planner with TD Canada Trust. Later as a practising midwife, Kristy was a founding partner of Community Care Midwives. With the start of her family, Kristy chose to leave her midwifery practice due to the extensive on-call hours related to the profession and joined Lett Architects in the capacity of Administrative Principal.

Kristy has participated in a wide range of community volunteer opportunities earning a Port Hope Civic Award in 2013. Professionally, Kristy sat for several years on the Executive Committee of the Association of Ontario Midwives both as Treasurer and Vice President. She spent two years as a Community

Member and one year as a Director of the Board for Northumberland Hills Hospital in Cobourg finishing in June 2017.